

Article type: Review article

Chemical Constituents from the Whole Plant of Scutellaria indica

Truong-Nhan Ngu^a, Dao-Cuong To^b, Thao-Vy Trinh Ngoc^c, Bich-Hanh Dam Thi^{a,*}

^a Department of Natural Sciences & Technology, Tay Nguyen University, Buon Ma Thuot, Dak Lak, Vietnam ^b Phenikaa University Nano Institute (PHENA), Phenikaa University, Yen Nghia, Ha Dong, Hanoi, Vietnam ^c Faculty of medicine, Tay Nguyen University, Buon Ma Thuot, Dak Lak, Vietnam

Abstract

Three compounds, naringenin (1), arctiin (2) and martinoside (3) were isolated from the whole plant of Scutellaria indica (Labiatae). The chemical structures of these compounds were determined by spectroscopic analyses including 1D- and 2D-NMR. Compounds 2 and $\hat{3}$ were isolated from S. indica for the first time.

Keywords: Scutellaria indica, Labiatae, Flavonoid, Lignan;

1. Introduction

Scutellaria indica (Labiatae) is a small herb, 15–30 cm tall, with erect stems arising from a prostrate base [1]. The whole herb of S. indica is used to treat hemoptysis, hematemesis, cancer, and other diseases in China. It is distributed widely in Korea, China, Taiwan, Japan, and Southeast Asia [2]. Several secondary metabolites were isolated from this plant such as flavonoids and phenylpropanoids, which demonstrated the effects on cancer [3] and inflammation [4,5]. The methanolic extract of the roots of S. indica showed potently cytotoxic activity against L1210 and HL60 cells in an earlier *in vitro* screening test.³ Kim *et al.* reported that compounds isolated from the ethyl acetate fraction of S. indica inhibited arginase II activity [4]. Also, Cuong et al. reported that flavonoids isolated from the ethyl acetate fraction of S. indica inhibited nitric oxide production [5]. However, the chemical composition of this plant was not still examined thoroughly. In this paper, we describe the isolation and structural determination of three compounds (1-3) from the ethyl acetate fraction of the methanol extract of S. indica.

Received date: 26-12-2022 ; Revised date: 26-12-2022 ; Accepted date: 28-12-2022

^{*} Corresponding author, E-mail: dtbhanh@ttn.edu.vn

https://doi.org/10.56764/hpu2.jos.2022.1.2.44-51

This is licensed under the CC BY-NC-ND 4.0

2. Materials and methods

2.1. General experimental procedure

Optical rotation was measured with a JASCO DIP 370 digital polarimeter. UV spectra were obtained in MeOH using a Thermo 9423AQA2200E UV spectrometer, and IR spectra were obtained on a Bruker Equinox 55 FT-IR spectrometer. The nuclear magnetic resonance (NMR) spectra were obtained on Varian Unity Inova 400 MHz spectrometer. Silica gel (Merck, 63–200 μ m particle size) and RP-18 silica gel (Merck, 75 μ m particle size) were used for column chromatography. TLC was carried out using Merck silica gel 60 F₂₅₄ and RP-18 F₂₅₄ plates. HPLC was performed using a Waters 600 Controller system with a UV detector and a YMC Pak ODS-A column (20 × 250 mm, 5 μ m particle size, YMC Co., Ltd., Japan) and HPLC solvents were from Burdick & Jackson, USA.

2.2. Plant material

S. indica was collected in Lam Dong province, Vietnam, in May 2019. The sample was identified by Dr. Nguyen Quoc Binh (Vietnam National Museum of Nature, Vietnam Academy of Science and Technology). A voucher specimen, HC-BMT-05, is deposited at Faculty of Natural Science and Technology, Tay Nguyen University, Buon Ma Thuot city, Dak Lak province, Vietnam

2.3. Extraction and isolation

The air-dried whole plant of *S. indica* (2.2 kg) was extracted with MeOH (10 L) at room temperature for seven days and then MeOH extract (385 g) was suspended in hot-water (1.5 L) and partitioned with *n*-hexane (3 L x 3), ethyl acetate (3 L x 3), and *n*-butanol (3 L \times 3), successively. The resulting fractions were concentrated *in vacuo* to give the hexane- (145 g), EtOAc- (52.0 g) and BuOH-soluble fraction (16.8 g), respectively.

The EtOAc-soluble fraction (52.0 g) was applied to a silica gel column eluted with CHCl₃–MeOH (50:1 to 0:1) to yielded 15 subfractions (E1 ~ E15). Subfraction E.9 (1.65 g) was applied to a reverse phase silica gel column and eluted with MeOH–H₂O (1:1 to 5:1) to afford three subfractions (E9.1 ~ E9.3). Compound 1 (5.3 mg) and compound 2 (12.4.0 mg) were isolated from subfraction E9.2 by using HPLC on a RP-18 column using MeOH- H₂O (70 : $30 \rightarrow 90$: 10). Subfractions E14 (2.22 g) was subjected on a silica gel column, eluted with CHCl₃–MeOH (10:1 to 1:1) to afford nine subfractions (E14.1 ~ E14.9). Subfraction E.14.8 (110 mg) was further subjected to HPLC on a RP-18 column using MeOH- H₂O (25 : 75 \rightarrow 50 : 50) to obtain compound 3 (50.8 mg), respectively.

Naringenin (1): light brown powder; ESI-MS m/z: 273.1 [M + H]⁺ (calcd. for C₁₅H₁₃O₅); ¹H-NMR (400 MHz, methanol- d_4) $\delta_{\rm H}$ (ppm): 5.35 (1H, dd, J = 3.2, 12.0 Hz, H-2), 2.71 (1H, dd, J = 3.2, 13.2 Hz, H-3_{eq}), 3.00 (1H, dd, J = 12.0, 13.2 Hz, H-3_{ax}), 5.91 (2H, d, J = 1.6 Hz, H-6/H-8), 7.32 (2H, d, J = 8.0 Hz, H-2'/H-6'), 6.84 (2H, d, J = 8.0 Hz, H-3'/H-5'); ¹³C-NMR (75 MHz, methanol- d_4) $\delta_{\rm C}$ (ppm): 80.6 (C-2), 42.1 (C-3), 197.9 (C-4), 165.0 (C-5), 96.3 (C-6), 168.4 (C-7), 97.2 (C-8), 165.6 (C-9), 103.5 (C-10), 131.2 (C-1'), 129.1 (C-2'/C-6'), 116.4 (C-3'/C-5'), 159.1 (C-4').

Arctiin (2): light brown gum; ESI-MS m/z: 535.2 [M + H]⁺ (calcd. for C₂₇H₃₅O₁₁); ¹H-NMR (400 MHz, methanol- d_4) $\delta_{\rm H}$ (ppm): 6.57 (1H, s, H-2), 6.72 (1H, d, J = 8.0 Hz, H-5), 6.58 (1H, d, J = 8.0 Hz, H-6), 2.90 (1H, m, H-7a), 2.81 (1H, m, H-7b), 2.67 (1H, m, H-8), 6.82 (1H, d, J = 1.2 Hz, H-2'), 7.07 (1H, d, J = 8.4 Hz, H-5'), 6.64 (1H, dd, J = 1.2, 8.4 Hz, H-6'), 2.53 (2H, m, H-7'), 2.46 (1H, m, H-8'), 4.17 (1H, dd, J = 7.2, 10.0 Hz, H-9'a), 3.92 (1H, dd, J = 4.4, 10.0 Hz, H-9'b), 4.88 (1H, d, J = 8.0 Hz, H-1''), 3.47 (1H, m, H-2''), 3.45 (1H, m, H-3''), 3.37 (1H, m, H-4''), 3.34 (1H, H-5''), 3.84 (1H, dd, J = 7.2, 10.0 Hz, H-6''a), 3.64 (1H, dd, J = 4.4, 10.0 Hz, H-6''b), 3.72 (3H, s, 3-OCH₃), 3.70 (6H, s, H-6''a), 3.64 (1H, dd, J = 4.4, 10.0 Hz, H-6''b), 3.72 (3H, s, 3-OCH₃), 3.70 (6H, s, H-6''a), 3.64 (1H, dd, J = 4.4, 10.0 Hz, H-6''b), 3.72 (3H, s, 3-OCH₃), 3.70 (6H, s, H-6''a), 3.64 (1H, dd, J = 4.4, 10.0 Hz, H-6''b), 3.72 (3H, s, 3-OCH₃), 3.70 (6H, s, H-6''a), 3.84 (1H, dd, J = 4.4, 10.0 Hz, H-6''b), 3.72 (3H, s, 3-OCH₃), 3.70 (6H, s, H-6''a), 3.84 (1H, dd, J = 4.4, 10.0 Hz, H-6''b), 3.72 (3H, s, 3-OCH₃), 3.70 (6H, s, H-6''a), 3.64 (1H, dd, J = 4.4, 10.0 Hz, H-6''b), 3.72 (3H, s, 3-OCH₃), 3.70 (6H, s, H-6''a), 3.84 (1H, dd, J = 4.4, 10.0 Hz, H-6''b), 3.72 (3H, s, 3-OCH₃), 3.70 (6H, s, H-6''a), 3.84 (1H, dd, J = 4.4, 10.0 Hz, H-6''b), 3.72 (3H, s), 3.70 (6H, s), 3.70 (6H,

https://sj.hpu2.edu.vn

3',4'-OCH₃); ¹³C-NMR (75 MHz, methanol- d_4) δ_C (ppm): 132.7 (C-1), 113.6 (C-2), 150.6 (C-3), 149.2 (C-4), 113.8 (C-5), 122.1 (C-6), 35.4 (C-7), 47.6 (C-8), 181.3 (C-9), 133.3 (C-1'), 114.8 (C-2'), 150.5 (C-3'), 146.8 (C-4'), 117.9 (C-5'), 123.0 (C-6'), 38.9 (C-7'), 42.5 (C-8'), 72.9 (C-9'), 102.9 (C-1''), 74.9 (C-2''), 77.8 (C-3''), 71.3 (C-4''), 78.1 (C-5''), 62.5 (C-6''), 56.8 (C-3), 56.6 (C-3'), 56.5 (C-4').

Martinoside (3): brown solid; FAB-MS m/z: 653.2 [M + H]⁺ (calcd. for C₃₁H₄₁O₁₅); ¹H-NMR (400 MHz, methanol- d_4) $\delta_{\rm H}$ (ppm): 6.76 (1H, d, J = 2.0 Hz, H-2), 6.82 (1H, d, J = 8.4 Hz, H-5), 6.69 (1H, dd, J = 2.0, 8.4 Hz, H-6), 2.83 (1H, t, 6.8 Hz, H-7), 4.07 (1H, m, H-8a), 3.75 (1H, m, H-8b), 4.39 (1H, d, J = 7.6 Hz, H-1'), 3.95 (1H, m, H-2'), 3.85 (1H, m, H-3'), 4.94 (1H, m, H-4'), 3.42 (1H, m, H-5'), 3.65 (1H, m, H-6'a), 3.54 (1H, m, H-6'b), 5.32 (1H, d, J = 1.2 Hz, H-1''), 3.53 (1H, m, H-2''), 3.61 (1H, m, H-3''), 3.32 (1H, m, H-4''), 3.62 (1H, m, H-5''), 1.12 (3H, d, J = 6.4 Hz, CH₃-6''), 7.20 (1H, d, J = 2.0 Hz, H-2'''), 6.83 (1H, d, J = 8.4 Hz, H-5'''), 7.09 (1H, dd, J = 2.0, 8.4 Hz, H-6'''), 7.67 (1H, d, J = 16.0 Hz, H-7'''), 6.49 (1H, d, J = 16.0 Hz, H-8'''), 3.81 (3H, s, 4-OCH₃), 3.89 (3H, s, 4'''-OCH₃); ¹³C-NMR (75 MHz, methanol- d_4) $\delta_{\rm C}$ (ppm): 132.9 (C-1), 117.1 (C-2), 147.4 (C-3), 147.6 (C-4), 112.9 (C-5), 121.8 (C-6), 36.6 (C-7), 72.4 (C-8), 104.2 (C-1'), 72.2 (C-2'), 81.6 (C-3'), 70.7 (C-4'), 76.2 (C-5'), 62.4 (C-6'), 103.0 (C-1''), 76.0 (C-2''), 70.5 (C-3''), 73.8 (C-4''), 72.1 (C-5''), 18.5 (6''-CH₃), 127.7 (C-1'''), 111.9 (C-2'''), 149.4 (C-3'''), 150.8 (C-4'''), 116.6 (C-5'''), 124.4 (C-6'''), 148.0 (C-7'''), 115.2 (C-8'''), 168.3 (C-9'''), 56.6 (4-OCH₃), 56.5 (4'''-OCH₃).

3. Results and discussion

The methanol extract of the whole plant of *S. indica* was partitioned into hexane, ethyl acetate and butanol-soluble fractions and a water layer. Chromatographic purification of the ethyl acetate-soluble fraction led to the isolation of three compounds (1-3) (Figure 1).

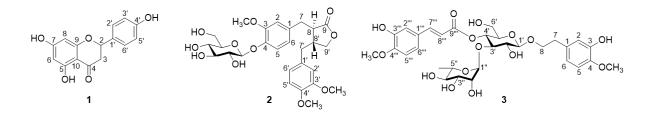


Figure 1. Chemical structure of isolated compounds 1–3 from S. indica

Compound **1** was obtained as a light brown powder. A methylene carbon at $\delta_{\rm C}$ 42.1 (C-3), an oxymethine carbon at $\delta_{\rm C}$ 80.6 (C-2), and a carbonyl carbon at $\delta_{\rm C}$ 197.9 in the ¹³C-NMR spectrum indicated **1** to be a flavanone [6]. The ¹H NMR spectrum of **1** revealed the presence of an oxymethine proton at $\delta_{\rm H}$ 5.35 (1H, dd, J = 3.2, 12.0 Hz, H-2), and a methylene group at $\delta_{\rm H}$ 2.71 (1H, dd, J = 3.2, 13.2 Hz, H-3_{eq}), 3.00 (1H, dd, J = 12.0, 13.2 Hz, H-3_{ax}). The signals of two aromatic protons at $\delta_{\rm H}$ 5.91 (2H, d, J = 1.6 Hz, H-6/H-8) and a 1,4- disubstituted benzene ring characterized with an A₂B₂ spin system [$\delta_{\rm H}$ 7.32 (2H, d, J = 8.0 Hz, H-2'/H-6'), 6.84 (2H, d, J = 8.0 Hz, H-3'/H-5')] (Figure 1). The ¹³C-NMR spectrum exhibited fifteen signals due to twelve sp^2 carbons [$\delta_{\rm C}$ 165.0 (C-5), 96.3 (C-6), 168.4 (C-7), 97.2 (C-8), 165.6 (C-9), 103.5 (C-10), 131.2 (C-1'), 129.1 (C-2'/C-6'), 116.4 (C-3'/C-5'), 159.1 (C-4').at $\delta_{\rm C}$ 96.3–168.4], indicating the presence of two benzene rings (Figure 1). The molecular formula of **1** was C₁₅H₁₂O₅ from the molecular ion peak at m/z 273.1 for the [M + H]⁺ ion in the ESI-MS. Based on these evidences and in comparison with the published data compound **1** was identified

as naringenin [7]. This compound was found in some edible fruits, like Citrus species and tomatoes [8-10], and figs belonging to smyrna-type Ficus carica [11]. Naringenin was found to show antiatherogenic and anti-inflammatory effects [12] and prevents fatty liver [13].

Compound 2 was obtained as a light brown gum with a molecular formula C₁₇H₃₄O₁₁, as determined by ESI-MS at m/z 535.2 for the $[M + H]^+$ ion. The ¹H-NMR spectrum displayed signals for two methine protons [($\delta_{\rm H}$ 2.67 (1H, m, H-8) and 2.46 (1H, m, H-8')], oxygenated methylene [$\delta_{\rm H}$ 4.17 (1H, dd, J = 7.2, 10.0 Hz, H-9'a), 3.92 (1H, dd, J = 4.4, 10.0 Hz, H-9'b)], two sets of ABX-spin systems of the phenyl protons from $\delta_{\rm H}$ 6.57 ppm to $\delta_{\rm H}$ 7.05 ppm, two benzylic protons [$\delta_{\rm H}$ 2.90 (1H, m, H-7a), 2.81 (1H, m, H-7b)], and the other two benzylic protons at $\delta_{\rm H}$ 2.53 (2H, m, H-7') (Figure 1). The ¹³C-NMR spectrum showed signals for a carbonyl carbon, three sp^3 methylenes, one sp^3 methine, six sp^2 quaternary carbons, one sp^3 quaternary carbon, and six aromatic protons. This indicated a dibenzylbutyrolactone lignan with a structure similar to (+)-nortrachelogenin isolated from *Wikstroemia indica* [14]. Furthermore, the ¹H-NMR spectrum showed three methoxy groups at $\delta_{\rm C}$ 3.72 (3H, s, 3-OCH₃), 3.70 (6H, s, 3',4'-OCH₃), which correlated with the quaternary carbons at $\delta_{\rm C}$ 150.6 (C-3), 150.5 (C-3') and 146.8 (C-4'), respectively (Figure 1). These signals led to the identification of the positions of the two methoxy groups. In addition, the ¹H-NMR spectrum of **2** showed an anomeric proton at $\delta_{\rm H}$ 4.88 (1H, d, J = 8.0 Hz, H-1") and six oxygenated protons [$\delta_{\rm H}$ 3.47 (1H, m, H-2"), 3.45 (1H, m, H-3''), 3.37 (1H, m, H-4''), 3.34 (1H, H-5''), 3.84 (1H, dd, *J* = 7.2, 10.0 Hz, H-6''a), 3.64 (1H, dd, J = 4.4, 10.0 Hz, H-6"b)], suggesting the appearance of one sugar unit (Figure 1). The sugar was assigned as glucopyranoside on the basis of NMR data and the Rf value compared with authentic glucose after acid hydrolysis of 2. The absolute configuration and linkage of glucose were determined as D using gas chromatography and β on the basis of the $J_{1,2}$ value (8.0 Hz) of the anomeric proton. Thus, on the basis of the above evidence, compound 2 was identified as arctiin when compared with literature data [15]. This compound was isolated from S. indica for the first time. Arctiin detected in many plants of the Asteraceae family, particularly the greater burdock (Arctiumlappa) and Centaureaimperialis, and in Trachelospermumasiaticum, Saussureaheteromalla [16], and Forsythia viridissima [17]. This contains many kinds of bioactivities, such as: anti-inflammatory [18], antiproliferative and cytotoxicity [19, 20], antioxidative [21, 22], antitumor [23-25], toxicity [26-28], antidiabetic [29,30], antiadipogenic [31], antibacterial [32], UVB protective effect [33,34], Influenza therapeutic agent [35] ...

Compound **3** was isolated as brown solid with the molecular formula $C_{31}H_{40}O_{15}$, as determined by the FAB-MS at m/z 653.2 [M + H]⁺. The ¹H-NMR spectrum of **3** showed signals of two aromatic rings, both with coupling patterns corresponding to 1,3,4-trisubstituted benzene: $\delta_{\rm H}$ 6.69 (H-6), 6.82 (H-5), and 6.76 (H-2) and $\delta_{\rm H}$ 6.83 (H-5'''), 7.09 (H-6''') and 7.20 (H-2'''). Characteristic resonances of a methyl group at $\delta_{\rm H}$ 1.12 (d, J = 6.4 Hz, CH₃) and of anomeric hydrogen at $\delta_{\rm H}$ 5.23 (d, J = 1.2 Hz, H-1'') suggested the presence of a rhamnose moiety; a second doublet corresponding to anomeric hydrogen of a glucose moiety was observed at $\delta_{\rm H}$ 4.39 (d, J = 7.6 Hz, H-1'). A *trans*-coupled olefinic pair of doublets were observed at $\delta_{\rm H}$ 6.49 and 7.67 (d, J = 16.0 Hz), which together with the aromatic hydrogen atom resonances indicated the presence of an isoferuloyl moiety. An AA'BB' pattern of an ethylene group was observed at $\delta_{\rm H}$ 2.83 (2H, t, J = 6.8 Hz), 3.75 (1H, m), and 4.07 (1H, m), corresponding to a glycosidically bound phenethyl unit (Figure 1) [36]. In addition, two methoxy proton signals at $\delta_{\rm H}$ 3.81 (3H, s) and 3.89 (3H, s) were also detected in the ¹H-NMR spectrum. The ¹³C-NMR spectrum of compound **3** contained 31 carbon signals. The signals comprised methoxy

https://sj.hpu2.edu.vn

groups, sugar moieties, aromatic carbons, oxygen-bearing carbons and carbonyl functionality (Figure 1). The ¹H-NMR spectrum of compound **3** was similar to that of acteoside [37]; however, the hydroxyl groups at C-4 and C-4''' of acteoside were replaced by two methoxy groups of **3**. Based on the above analysis, the structure of compound **3** was elucidated as 3-hydroxy-4-methoxyphenethyl-O- α -L-rhamnopyranosyl-(1'' \rightarrow 3')-4'-O-isoferuloyl- β -D-glucopyranoside, named martinoside [38]. This is the first isolation of martinoside from *S. indica*. Martinoside exhibits anticancer [39, 40] and cytotoxic activities [41].

4. Conclusions

The methanol extract from the whole plant of *S. indica* was partitioned into hexane, ethyl acetate, butanol-soluble fractions, and a water layer. Three compounds, naringenin (1), arctiin (2), and martinoside (3) were isolated from the ethyl acetate fraction. Their chemical structures were determined by the interpretation of NMR spectral data and comparison with published data. Arctiin (2) and martinoside (3) were isolated from *S. indica* for the first time.

Declaration of Competing Interest

The authors declare no competing interests.

Author contributions

NVH, TNTV designed and planned the experiments. NTN, DTBH implemented the experiments. NTN, DCT investigated the data and wrote the manuscript. All the authors agreed the final manuscript. All authors have read and agreed to the published version of the manuscript.

References

- M. Sun, Cleistogamy in *Scutellaria indica* (Labiatae): effective mating system and population genetic structure. Molecular Ecolology. 8 (1999) 1285-1295. doi: 10.1046/j.1365-294x.1999.00691.x.
- [2]. S. Chiang, New Medical College, in: Dictionary of Chinese Crude Drugs, Shanghai Scientific Technological Publisher, Shanghai, 1977, p. 2303.
- [3]. K.-H. Bae, B.-S. Min, K.-L. Park, B.-Z. Ahn, Cytotoxic flavonoid from *Scutellaria indica*. Planta Medica. 60 (1994) 280-281. doi: 10.1055/s-2006-959477.
- [4]. S.-W. Kim, T.-D. Cuong, T.-M. Hung, S.-W. Ryoo, J.-H. Lee, B.-S. Min, Arginase II inhibitory activity of flavonoid compounds from *Scutellaria indica*. Archives of Pharmacal Research. 36 (2013) 922-926. doi: 10.1007/s12272-013-0125-3.
- [5]. D.-C. To, M.-H. Tran, J.-S. Lee, K.-Y. Weon, M.-H. Woo, B.-S. Min. Anti-inflammatory activity of phenolic compounds from Whole plant of *Scutellaria indica*. Bioorganic & Medicinal Chemistry Letters. 25 (2015) 1129-1134. doi: 10.1016/j.bmcl.2014.12.055.
- [6]. M. Furukawa, H. Suzuki, M. Makino, S. Ogawa, T. Iida, Y. Fujimoto, Studies on the Constituents of *Lagochilus leiacanthus* (Labiatae). Chemical and Pharmaceutical Bulletin. 59 (2011) 1535-1540. doi: 10.1248/cpb.59.1535
- [7]. L.-M.Cordenonsi, R.-M. Sponchiado, S.-C.Campanharo, C.-V. Garcia, R.-P. Raffin, E.-E.-S.Schapoval, Study of Flavonoids presente in Pomelo (*Citrus máxima*) by DSC, UV-VIS, IR, 1H and 13C NMR and MS. Drug Analytical Research. 1 (2017) 31-37. doi: 10.22456/2527-2616.74097

- [8]. A.-T. Mbaveng, Q. Zhao, V. Kuete, Toxicological Survey of African Medicinal Plants, in: V. Kuete (Eds.), Elsevier, 2014, pp. 577–609.
- [9]. R.N. Jadeja, R.V. Devkar, Polyphenols in Human Health and Disease, in: R.S. Watson, R.V. Preedy, S. Zibadi (Eds.), Academic Press, 2014, pp. 615–623.
- [10]. M. Zobeiri, T. Belwal, F. Parvizi, R. Naseri, M.H. Farzaei, S.F. Nabavi, A. Sureda, S.M. Nabavi, Naringenin and its nano-formulations for fatty liver: Cellular modes of action and clinical perspective, Curr. Pharm. Biotechnol. 19 (2018) 196–205. doi: 10.2174/1389201019666180514170122.
- [11]. H. Soltana, M. De Rosso, H. Lazreg, A.-D. Vedova, M. Hammami, R. Flamini, LC-QTOF characterization of non-anthocyanic flavonoids in four Tunisian fig varieties. J. Mass Spectrom. 53 (2018) 817–823. doi: 10.1002/jms.4209
- [12]. Q. Wang, J. Yang, X.-M. Zhang, L. Zhou, X.-L. Liao, B. Yang, Practical synthesis of naringenin. J. Chem. Res. 39 (2015) 455–457. doi: 10.3184/174751915X14379994045537.
- [13]. M. Zobeiri, T. Belwal, F. Parvizi, R. Naseri, M.-H. Farzaei, S.-F. Nabavi, A. Sureda, S.-M. Nabavi, Naringenin and its nano-formulations for fatty liver: Cellular modes of action and clinical perspective. Curr. Pharm. Biotechnol. 19 (2018) 196–205. doi: 10.2174/1389201019666180514170122.
- [14]. A. Kato, Y. Hashimoto, (+)-Nortrachelogenin, a new pharmacologically active lignan from *Wikstroemia indica*. Journal of Natural Products. 42 (1979) 159-162. doi: 10.1021/np50002a004.
- [15]. M. Shoeb, M. M. Rahman, L. Nahar, A. Delazar, M. Jaspars, S. M. Macmanus, S. D. Sarker, Bioactive lignans from the seeds of *Centaura macrocephala*. DARU. 12 (2004) 87-93.
- [16]. A. Saklani, M. RanjanSahoo, P.-D. Mishra, R. Vishwakarma, Saussureaheteromalla (D. Don) Hand.-Mazz: A new source of arctiin, arctigenin and chlorojanerin. Indian Journal of Chemistry-Part B OrganicIncluding Medicinal. 50 (2011) 624.
- [17]. C.R. Ganellin, D.J. Triggle, Dictionary of pharmacological agents, CRC Press, London, 1996.
- [18]. S. Lee, S. Shin, H. Kim, S. Han, K. Kim, J. Kwon, Antiinflammatory function of arctiin by inhibiting COX-2 expression via NF-kB pathways. Journal of Inflammation. 8 (2011) 16. doi: 10.1186/1476-9255-8-16.
- [19]. S.Y. Ryu, J.W. Ahn, Y.H. Kang, B.H.Han, Antiproliferative effect of arctigenin and arctiin. Archives of Pharmacal Research. 18 (1995) 462-463. doi: 10.1007/BF02976353.
- [20]. S. Moritani, M. Nomura, Y. Takeda, K.-i. Miyamoto, Cytotoxic components of bardanaefructus (goboshi). Biological and Pharmaceutical Bulletin. 19 (1996) 1515-1517. doi: 10.1248/BPB.19.1515.
- [21]. S. Ba, K.-M. Lim, H.-J. Cha, I.-S. An, J.-P. Lee, K.-S. Lee, Arctin blocks hydrogen peroxide-induced senescence and cell death though microRNA expression changes in human dermal papilla cells. Biological research. 47 (2014) 50. doi: 10.1186/0717-6287-47-50.
- [22]. M. Shoeb, S. Macmanus S, P. Kong-Thoo-Lin, S. Celik, M. Jaspars, L. Nahar, Bioactivity of the extracts and isolation of lignans and a sesquiterpene from the aerial parts of Centaureapamphylica (Asteraceae). DARU Journal of Pharmaceutical Sciences. 15 (2007) 118-122.

- [23]. M. Hirose, Yamaguchi T, Lin C, Kimoto N, Futakuchi M, Kono T, et al. Effects of arctiin on PhIP-induced mammary, colon and pancreatic carcinogenesis in female Sprague – Dawley rats and MeIQx-induced hepatocarcinogenesis in male F344 rats. Cancer letters. 155 (2000) 79-88. doi: 10.1016/s0304-3835(00)00411-0.
- [24]. M. Takasaki, T. Konoshima, K. Komatsu, H. Tokuda, H. Nishino, Anti-tumor-promoting activity of lignans from the aerial part of Saussurea medusa. Cancer Letters. 158 (2000) 53-59. doi: 10.1016/S0304-3835(00)00499-7.
- [25]. M. Hirose, A. Nishikawa, M. Shibutani, T. Imai, T. Shirai, Chemoprevention of heterocyclic amine-induced mammary carcinogenesis in rats. Environmental and molecular mutagenesis. 39 (2002) 271-278. doi: 10.1002/em.10066.
- [26]. M. Shoeb, S. Macmanus, P. Kong-Thoo-Li, S. Celik, M. Jaspars, L. Nahar, et al, Bioactivity of the extracts and isolation of lignans and a sesquiterpene from the aerial parts of Centaureapamphylica (Asteraceae). DARU Journal of Pharmaceutical Sciences. 15 (2007) 118-122.
- [27]. M. Shoeb, S.-M. MacManus, Y. Kumarasamy, M. Jaspars, L. Nahar, P.-K. Thoo-Lin, et al, Americanin, a bioactive dibenzylbutyrolactonelignan, from the seeds of Centaureaamericana. Phytochemistry. 67 (2006) 2370-2375. doi: 10.1016/j.phytochem.2006.08.012.
- [28]. M. Shoeb, S.-M. MacManu, M. Jaspars, P. Kong-Thoo-Lin, L. Nahar, S. Celik, et al, Bioactivity of two Turkish endemic Centaurea species, and their major constituents. RevistaBrasileira de Farmacognosia. 17(2007) 155-159. doi: 10.1590/S0102-695X2007000200003.
- [29]. S.-T. Ma, D.-I. Liu, J.-j. Deng, R. Niu, R.-b. Liu, Effect of Arctiin on Glomerular Filtration Barrier Damage in STZ-Induced Diabetic Nephropathy Rats. Phytotherapy Research. 27 (2013) 1474-1480. doi: 10.1002/ptr.4884.
- [30]. L.-c. Lu, W. Zhou, Z.-h. Li, C.-p. Yu, C.-w. Li, M.-h. Luo, et al, Effects of arctiin on streptozotocin-induced diabetic retinopathy in Sprague-Dawley rats. Planta medica. 78 (2012) 1317-1323. doi: 10.1055/s-0032-1314998.
- [31]. B. Min, H. Lee, J.-H. Song, M.-J. Han, J. Chung, Arctiin inhibits adipogenesis in 3T3-L1 cells and decreases adiposity and body weight in mice fed a high-fat diet. Nutrition research and practice. 8 (2014) 655-661. doi: 10.4162/nrp.2014.8.6.655.
- [32]. M. Arslanyolu, F. Erdemgil, Evaluation of the antibacterial activity and toxicity of isolated arctiin from the seeds of Centaureasclerolepis. J Fac Pharm. 35 (2006) 103-109.
- [33]. G.-T. Lee, H.-J. Cha, K.-S. Lee, K.-K. Lee, J.-T. Hong, K.-J. Ahn, et al, Arctiin induces an UVB protective effect in human dermal fibroblast cells through microRNA expression changes. International journal of molecular medicine. 33 (2014) 640-648. doi: 10.3892/ijmm.2014.1616.
- [34]. H.-J. Cha, G.-T. Lee, K.-S. Lee, K.-K. Lee, J.-T. Hong, N.-K. Lee, et al, Photoprotective effect of arctiin against ultraviolet B-induced damage in HaCaT keratinocytes is mediated by microRNA expression changes. Molecular medicine reports. 10 (2014) 1363-1370. doi: 10.3892/mmr.2014.2326.
- [35]. K. Hayashi, K. Narutaki, Y. Nagaoka, T. Hayashi, S. Uesato, Therapeutic effect of arctiin and arctigenin in immunocompetent and immunocompromised mice infected with influenza A

virus. Biological and Pharmaceutical Bulletin. 33 (2010) 1199-1205. doi: 10.1248/bpb.33.1199.

- [36]. R. Cooper, P.-H. Solomon, I. Kubo, K. Nakanishi, J.-N. Shoolery, J.-N. Occolowitz, Myricoside, and African armyworm antifeedant separation by droplet countercurrent chromatography. Journal of the American Chemical Society. 102 (1980) 7955-7956. doi: 10.1021/ja00547a032.
- [37]. N.-M. Munkombwe, Acetylated phenolic glycosides from *Harpagophytum procumbens*. Phytochemistry. 62 (2003) 1231-1234. doi: 10.1016/s0031-9422(02)00700-8.
- [38]. H. Yang, A.-J. Hou, S.-X. Mei, H.-D. Sun, C.-T. Che, Constituents of *Clerodendrum bungei*. Journal of Asian Natural Product Research. 4 (2002) 165-169. doi: 10.1080/1028602021000000053.
- [39]. J. Li, Y. Zheng, H. Zhou, B. Su, R. Zheng, Differentiation of human gastric adenocarcinoma cell line MGc80-3 induced by verbascoside. Planta Med. 63 (1997) 499–502.
- [40]. Z. Papoutsi, E. Kassi, S. Mitakou, N. Aligiannis, A. Tsiapara, P. George, Chrousos, P. Moutsatsou, Acteoside and martynoside exhibit estrogenic / antiestrogenic properties. Journal of Steroid Biochemistry & Molecular Biology. 98 (2006) 63–71. doi: 10.1016/j.jsbmb.2005.07.005.
- [41]. I. Saracoglu, M. Inoue, I. Calis, Y. Ogihara, Studies on constituents with cytotoxic and cytostatic activity of two Turkish medicinal plants Phlomis armeniaca and Scutellaria Salviifolia. Biol. Pharm. Bull. 18 (1995) 1396–1400. doi: 10.1248/bpb.18.1396.